

# AUTUMN NEWSLETTER

Welcome to the careers newsletter, our September edition is focused on what careers guidance is at Aquinas and how students can access the fantastic careers guidance and support offered.

## Career Guidance at Aquinas

Career guidance at Aquinas helps students to build knowledge of who they are and what they are good at. It helps them to visualise their goals and identify who can help them to reach their target. By accessing careers guidance, students will be enabled to successfully manage their transitions in learning and work.

To help ensure that careers guidance remains relevant and raises aspirations, we ask students to complete a careers survey at the beginning of each year. The information collected allows us to tailor a bespoke programme that contributes to a student's understanding of themselves, their opportunities, their skill-set and their next steps.

Careers guidance at Aquinas includes the full range of activities identified under the Gatsby Benchmarks. Please click here to access a copy of the Gatsby Benchmarks.

## How can I make a PG Appointment?

We're in the process of creating an online booking system for personal guidance appointments. Until this is launched, if your child would like to discuss their career plans in a personal guidance appointment please contact the careers team via email to [careers@aquinas.ac.uk](mailto:careers@aquinas.ac.uk) or via the careers weebly page. Please briefly outline the reason for an appointment, a preferred day of the week and whether a Google Meet, phone call or email would be preferable. One of the careers team will aim to email a response within 48 hours.

Due to Coronavirus, we are limiting our face to face contact, but if your child feels as though they would need a face to face appointment, this can be arranged.

Please be aware that to help ensure safety, there may be a delay in this method of appointment taking place.



Appointments will be arranged for times between:

Monday to Thursday

08:30 - 16:30

Friday

08:30 - 16:00



Please be aware that due to Covid-19, we are in the process of updating our careers programme and therefore changes to the schedule may occur.

Please check the careers programme regularly for any updates or click here to access Aquinas' careers Weebly page for a range of useful information and tips on career development.

## What is Personal Guidance?

Personal guidance at Aquinas offers students impartial advice that is tailored to their needs. Students are supported to develop the tools and actions needed to navigate their careers and are enabled to access sources of information that are most relevant to them. Allowing them to make connections between the careers programme and wider curriculum.

Every student is offered the opportunity for personal guidance. This is provided by our in-house degree and masters level careers advisers, and delivered through group sessions or by face to face, virtual and telephone appointments.

## What about Careers Guidance Events?

You can find out about careers guidance events by reading the newsletter, checking your email for an invite from the careers team or other members of staff, keep an eye on Aquinas' website, follow our Twitter page and students can check out our Google Classrooms. There are a number of career guidance events that parents / carers can attend too. We often advertise events that have not been organised by Aquinas but we believe could be informative / beneficial to attend.



# INFORMATION AND LINKS

- **Virtual Autumn Events**  
Click here to register for and view information about virtual Autumn events that we think will be useful for your child.
- **Useful Links**  
Please click here to access some useful links about university, employment and apprenticeships.

## Thank you for reading!

Many thanks for reading the careers newsletter. Hopefully you now have an insight into the careers provision at Aquinas and understand how you and your child can access our careers guidance.

If you have any questions / requests about careers guidance, please don't hesitate to contact us on [careers@aquinas.ac.uk](mailto:careers@aquinas.ac.uk). For urgent issues, you can call the college's main reception on 0161 483 3237 and ask to speak with one of the careers teams.

## Feedback

We would love to know how you use the information provided in the careers newsletters and whether this is the best way to communicate careers messages to you. We would also love you to communicate any requests or questions to the careers weebly page or careers email address.

**Email:**  
[careers@aquinas.ac.uk](mailto:careers@aquinas.ac.uk)

**Weebly:**  
<https://www.aquinascareers.com/>

## How is Careers Guidance delivered?



Careers guidance is delivered by our highly experienced team of careers advisers (pictured) and is supplemented by external sources. We design and deliver a wide range of innovative & bespoke activities that inform students and parents (where relevant) about the labour market and the full range of education and training options.

For more information about our careers provision and to access our careers programme, please click here.

## Who Are We?



**Carol Mayall**  
Head of Careers/Careers Leader

**John Morrison**  
Careers Manager

**Marina Bowden**  
Careers Adviser

**Louise Wilson**  
Careers Adviser

**Teresa Turnbull**  
Assistant Librarian

**kindest regards,  
The Careers Team**

