

**Past students have this to say about previous Home Economics related courses at Aquinas**

*“ it was a very diverse course which offered me plenty of relevance to everyday life”*

Andrea

*“ my work in R & D at Kellogg’s whilst at Manchester Met. was greatly helped by my knowledge gained on this course”*

Anthony

*“it covered more than just cooking ..... especially interesting was the demography and the role of women”*

Yasmeen

*“my first job is within the food industry as a Trainee Production Manager ..... food is a necessity, I’ll never be out of employment.”*

Nicola

**The following are additional comments from exit questionnaires:**

*“The course will be useful not only for my future career but for life in general”*

*“The teaching of this subject was always thorough and well explained.”*

*“I enjoyed the course so much it encouraged me to study Food, Nutrition and Health at University.”*

## Course Requirements

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- a competent pass in CCSE English
- basic knowledge of nutrition is an advantage but not a necessity
- GCSE in a Science is an advantage but sufficient teaching is given on the course
- an enquiring mind
- staying power



FOR FURTHER INFORMATION CONTACT:

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# Food, Nutrition and Health

(Home Economics)

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## The Course

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You will study the development of the modern consumer orientated family from 1945 upto the present day. You will assess the reasons for and the consequences of family diversity, e.g. one parent families, on British society and its welfare system as well as current demographic topics of concern, e.g. high unemployment, homelessness and changing occupational structure.

We live In a consumer orientated society and this course will enable you to appreciate and cope with its demands, e.g. what are your rights and responsibilities in relation to credit, retail shopping, labelling, consumer law as well as food provision and food technology in a consumer society. You will also gain a critical understanding of issues surrounding management of resources to meet human needs such as housing, fuel and food as well as considering environmental issues.

You will study the scientific theory behind the relationship between food, nutrition and health.

You will also evaluate and consider the nutritional needs of families today along with the dietary problems associated with modern living, e.g. high cholesterol levels and coronary heart disease.

## The Examination

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EXAMINATION TITLE - HOME ECONOMICS  
EXAMINING BOARD - OCR

### FIRST YEAR AS LEVEL

**Society and Health** - 1½ hr exam  
50% of AS level  
25% of A level

**Resource Management** - 1½ hr exam  
50% of AS level  
25% of A level

### SECOND YEAR A2 LEVEL

**Nutrition and Food Production**  
- 1½ hr exam  
25% of A level

**Personal Study**  
25% of A level

## Related Careers

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Home Economics A levels are accepted by all universities and can lead to many of the careers listed below:

**SOCIAL SERVICES**  
Social Work

**INDUSTRY**  
Quality Control, Domestic Appliance Industries  
Research and Development, Production,  
Management, Dietetics

**RETAILING**  
Development Technologist , Management /  
Accountancy, Marketing Human, Resource  
Management

**CONSUMER PROTECTION**  
Trading Standards Officer, Consumer Protection  
Agencies

**COMMUNICATIONS**  
Advertising, Food Photography, Journalism /  
Broadcasting

**EDUCATION**  
Teaching, Research Health Promotion

**SERVICE SECTOR**  
Hotel and Catering Management, Leisure  
Industry