

WHAT SUPPORT IS AVAILABLE?

- ★ Improve your organisation and study skills
 - ★ Build self esteem and confidence
- ★ Think about alternative options within *and* beyond college
- ★ Get motivated and improve your attendance!
 - ★ Get through your revision and exams.

HOW CAN I GET SUPPORT?

1. You contact us! Come and find us in G5

2. Your group tutor/senior tutor contacts us.

If a tutor thinks you would benefit from support, they will discuss it with you and, if you agree, they will let us know.

3. Another person contacts us on your behalf e.g.

Learning Support Team or Raymond/ Paula in Careers.

Jane Marwood & Tom Dixon

Student Support Advisers

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Not getting the most out of college?

**Feeling stressed out with homework and
exams?**

Not sure how to revise?

**1-2-1 support is available to help you with a range of
issues from attendance to motivation.**

See **Jane Marwood** in G5
for details.
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